

Pay It Forward

Local 1000 Song

from Group Songwriting Workshop at Highlander Center, New Market, Tennessee
led by Steve Eulberg with Local 1000 AFM members, May 14, 2014

Pay it forward, carry it on

Carry it forward, 'til the day is done. (x2)

Carry it on...

O, my sisters

Carry it on...

O, my brothers

Carry it on...

O, my parents

Carry it on...

I was born with a purpose in mind
searched the world over until I find
that one simple thing that I could carry on
from early in the morning 'til the next day's dawn.

Carry it on...

Don't blow it, don't blow it.
Make the seed take root and grow it
Pass it over, spread it 'round
Keep it goin' and hand it down.

Carry it on...

You want to go fast you go it alone
You want to go far we all go as one.
Hand in hand throughout the land
Take it to ev'ry woman and man

Carry it on...

Old times, gone times, new times here
Carry it forward the future is near
Remember old times, treasured and dear
Time to move forward with just a few tears

Pete Seeger had this vision, that we could be the change
The Hudson River would once again run clear
And the river, she runs clearer now, but Pete is movin' on
And the work of changes goes on with you and me.

Do something...

Do something...

It's up to me, it's up to you, it takes us all we know what to do

Do something...

Go and vote, use your voice, use your prayer, use the force

Do something...

Lift up the land and to the sky, lift up the fog and our demands

Do something...

Generations of work in our hands and together we will walk the land

Carry it on....

You weathered the storm, you finished the race
We can see by the weary smile on your face
You've stumbled and risen, you've sung up the dawn,
You've passed the torch, we carry it on.

Carry it on...

for the children

Carry it on...

for the elders

Carry it on...

for the outcasts

Pay it forward, carry it on

Carry it forward, 'til the day is done. (x2)

Carry it on...

Carry it on...

for the children

Carry it on...

for the elders

Carry it on...

for the outcasts

Carry it on...

for the wiseners(?)

Carry it on...

and the soldiers

Carry it on...

for the lovers

Carry it on... Carry it on... Carry it on... Carry it on... *don't check your luggage, carry it on*